



# Active Adult Center News

April

2024



# In this Issue...

## Active Adult Center

1010 6th Street  
Greeley, CO 80631  
970-350-9440

*Where Being Active  
is Our Way of Life!*

### Hours

Mon, Tue, Thur, Fri 8 a.m. - 5 p.m.  
Wednesdays 8 a.m. - 8:30 p.m.  
Saturday 12 - 4 p.m.  
Sunday - Closed

## TABLE OF CONTENTS

Announcements .....	3
Special Events .....	4
Classes.....	4,5 ,8 and 10
Calendar .....	6 and 7
Day Trips .....	10
Menu .....	9
Programs .....	10, 11 and 12
Sports.....	12



We have many drop in programs. Watch the calendar for what happens each day.

These friends are enjoying a fun afternoon of Bunco!

Friday 1pm in the fitness room



## Announcements

### Membership Drive

AAC members bring in a friend, get them to join, and pick out some Greeley recreation swag!

### King Soopers Community Rewards

Do you have a King Soopers card? Did you know that by shopping at King Soopers the store will donate 5% of your total bill to the AAC? We are happy to help you set up your card. Stop by the front desk and let us help you so that you can help us. (bring your email and password for your Card)

### Friendly Fork Meals

Please call and make a reservation at 970-350-9440 by 11:00 a.m. the business day prior. Meals served Monday, Wednesday at 11:30 a.m.

### Friday Lunches

Please call and make a reservation at 970-350-9440 by 11:00 a.m. on the Thursday prior to meals served on Friday Fee: \$5

### Active Adult Center Memberships

- \$35 Resident, \$50 Non-Resident.
- Members receive discounts on programs, a monthly newsletter, and a parking permit. Call 970-350-9440 for more information.

### AAC Senior Assistance

Do you make \$25,200 or less a year? You might be eligible for \$150 credit to use at the AAC. Ask the front desk about our scholarship program.

### Newsletter Request Form:

Do you have something you would like to see or put in the monthly newsletter? Fill out the Newsletter Request Form and it will be reviewed. Info needed by the first of the month for the following month.



**SUPPORT THE  
ADVERTISERS**  
that Support our  
Community!

## Special Events

### International Pancake Day Brunch

Friday | April 12 | 10 a.m.

Join us for a delightful morning of classic pancakes served with all your favorite toppings and accompaniments! Reservation required.

Fee: \$10 members , \$15 non-members

### Volunteer Appreciation Lunch

Friday | April 26 | 11:30 a.m.

Celebrate our superstar volunteers at the AAC Oscar-themed brunch! Join us for a glamorous event filled with gratitude, food, and entertainment that'll make everyone feel like a Hollywood VIP. Reservation required.

Fee: Free for volunteers , \$10 guests

## Classes Available

Please note Woodshop is closed during woodshop classes.

### Strong People

April 15 -July 5

Monday, Wednesday and Friday | 9 a.m.

Monday and Thursday | 11 a.m.

Tuesday and Thursday | 9 a.m. and 3 p.m.

A partnership with the Area Agency on Aging; class held at the AAC. Call 970-400-6117 to register.

### SilverSneakers® Classic

Mondays, Wednesdays and Fridays | 10:15 a.m.

Increase muscle strength and range of motion and improve activities for daily living. You will have a chair for seated exercises and standing support. Your instructor can modify the exercise for your fitness level.

Fee: Free to Silver Sneakers® members and AAC members, \$4 non-members

### Ceramics

Wednesdays | April 3 -24 | 1-3 p.m.

Calling all ceramic lovers! Our expert volunteer instructor will help you during each class. Bring your own greenware and paints, or for an additional fee, supplies can be purchased in class.

Fee: \$9 members, \$14 non-members

### GRASP (Greeley Retired Academic Study Program)

Mondays | 1:30 -3:30 p.m.

Do you enjoy learning about the world around you, but wish you could also discuss what's happening with other people? Recent presentations included artificial intelligence, immigration, what it takes to make wooden bowls, the US Constitution and its Amendments, photographing wildlife and living well with dementia.

Fee: \$5 members, \$10 non-members (one fee pays for sessions until Dec 31, 2024)

### Clean Your House Clear Your Mind with Kaiser

Tuesday | April 16 | 1 p.m.

Let Kaiser Permanente equip you with a bucket of healthier home environment for you and your family. Experience the rejuvenating benefits of deep cleaning with Kaiser's cleaning bucket. Call the front desk to reserve your free seat 970-350-9440. min. 2, max 10

Fee: Free to AAC members, \$4 non-members

### Cooking Matters

Tuesdays | April 16 - May 21 | 10:30 a.m. to 12:30 p.m.

Join us for a hands-on-six-week interactive class. Learn how to prepare healthy meals and shop on a budget. Participants will receive incentives just for attending each session.

Fee: Free to AAC members, \$4 non- members

### Women's Pool Lessons

Wednesdays | April 3 -24 | 12:15 - 1:15 p.m.

Calling all women. Are you wanting to learn to play pool? Just want another female opponent? Then join us Wednesday for some tips and pool play on a table set aside just for you. min 2, max open

Fee: Free to AAC members, \$4 non- members

### Chess Class

Tuesdays | April 2 - 30 | 10 -11 a.m.

U.S. Candidate Master, Brad Lundstrom, provides chess lessons for all levels. Beginner players are encouraged to join; the class will be divided into two groups for lessons.

Fee: \$20 members, \$25 non-members, or \$5 drop-in fee.

### Chair Yoga

Wednesdays | April 17 & 24 | 1 - 1:45 p.m.

Try chair yoga with Edie. This is a great way to get the wonderful benefits of yoga. Stay seated while

doing yoga means that if your balance is not perfect or you aren't flexible you can safely do the exercises!

**Fee: \$7 members, \$10 non-members**

### Acoustic Instrument Group

**Wednesdays | April 10 & 24 | 2:30 - 4 p.m.**

Do you play the guitar, banjo, ukulele, bass, harmonica or keyboards – or do you just like to sing along to the old fun music of days gone by? Bring your instrument or just yourself and join. If you have questions or want additional info contact David Durham at 970-216-8279.

**Fee: Free**

### Woodshop – Annual Review

**Thursday | April 18 | 9 - 12 p.m.**

This is for members who were approved to use the woodshop in 2023. All individuals who use the woodshop need to have an annual safety review course. Participants will receive a revised safety manual and review safety procedures. Deadline April 16, min 2, max 6

**Fee: \$30 (must be member)**

### Woodshop Safety Class - Introduction

**Wednesday | April 10 | 6 - 9 p.m.**

**Friday | April 19 | 10 a.m. - 1 p.m.**

This class will focus on the major pieces of equipment available in the woodshop. Topics covered: general and individual safety procedures on major pieces of equipment, and hands-on experience with each piece of equipment (except lathe and router). This is required for everyone who is new to the woodshop or did not attend a safety class in calendar year 2023. This is a prerequisite before you can use the woodshop or attend classes. Deadline April 8/April 16 Min 2 max 4

**Fee: \$35 members (must be member)**

### Computer User Group

**Saturday | April 13 | 1 - 3:30 p.m.**

Computer User Group of Greeley, Colorado (CUGG) is a non-profit organization that holds monthly meetings, free and open to the public. The format consists of three 30-minute presentations, and Q&A. More information at <https://cugg.org>



**GRACE POINTE**  
SENIOR CARE COMMUNITY

**Community, Connectedness & Comfort**

Family Owned Senior Continuum Community in Greeley Colorado





Memory Care



Long-Term Nursing Care



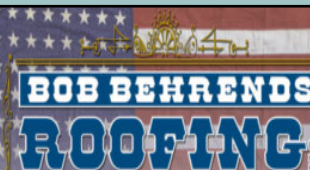
Rehabilitation



Independent/Assisted Living

We bring the comforts of home to our residents in a friendly, peaceful neighborhood community

**We're Here to Help, Contact Us Today**  
970.304.1919 • [GracePointeGreeley.com](http://GracePointeGreeley.com)



**BOB BEHREND'S**  
**ROOFING**

Serving Northern Colorado

**970-395-0406 • 800-655-9244**



**Cathy Goza**  
Owner/Broker  
Office 970-919-0999  
Cell 970-381-9141  
[Cathy@CathyGoza.com](mailto:Cathy@CathyGoza.com)



Spring into Action - Go to [CathyGoza.com](http://CathyGoza.com)  
for decluttering and downsizing tips

**GOZA REALTY GROUP** [CathyGoza.com](http://CathyGoza.com)



**ALLIANCE**  
**MEDICAL SUPPLY**

914 11th Ave Greeley CO  
**970-353-3316**  
FREE LOCAL DELIVERY  
[www.alliancemedicalgreeley.com](http://www.alliancemedicalgreeley.com)



**FirstLight**  
HOME CARE

**THE CONFIDENT**  
**CHOICE for**  
**HOME CARE**

Proudly serving Greeley,  
Loveland, Fort Collins &  
surrounding areas.

**970-342-6522**



# April 2024

Sunday	Monday	Tuesday	Wednesday	
	<b>1</b> 8 a.m.   Billiards & Open Pool 9 a.m.   Rocks to Gems 10:15 a.m.   SilverSneakers® 11:30 a.m.   Friendly Fork Lunch 1 p.m.   Pinochle 1 p.m.   Crafts/Needlework / Mahjong 1 p.m.   Five Crowns Cards / Dominoes 1 p.m.   Table Tennis 1:30 p.m.   GRASP Social and Discussion	<b>2</b> 8 a.m.   Billiards & Open Pool 9:30 a.m.   Keenage Singers Practice 10 a.m.   Chess 10 a.m.   Advanced T'ai Chi 12 p.m.   Hand & Foot Cards 12 p.m.   Footcare Jude 12:30 p.m.   Bridge Tom 1 p.m.   Pitch 10 point cards 1 p.m.   Shuffleboard <b>2 p.m.   Armchair Travel: Scotland</b>	<b>3</b> 8 a.m.   Billiards & Open Pool 9 a.m.   Knitting 9 a.m.   Senior Car Lovers Group 10:15 a.m.   SilverSneakers® / Pats sewing 11:30 a.m.   Friendly Fork Lunch 12 p.m.   Rocks to Gems 12:15 p.m.   Women's Pool Lessons 12:30 p.m.   Bridge Tom 1 p.m.   Ceramics / Corn Hole 2 p.m.   Boomers Be Booming 5:30 p.m.   Rocks to Gems 6 p.m.   Continuing T'ai Chi	
<b>7</b> Closed	<b>8</b> 8 a.m.   Billiards & Open Pool 9 a.m.   Rocks to Gems 10:15 a.m.   SilverSneakers® 11:30 a.m.   Friendly Fork Lunch 1 p.m.   Pinochle 1 p.m.   Crafts/Needlework / Mahjong 1 p.m.   Five Crowns Cards / Dominoes 1 p.m.   Table Tennis 1 p.m.   Bridge Gloria 1:30 p.m.   GRASP Presentations	<b>9</b> 8 a.m.   Billiards & Open Pool 9 a.m.   Footcare Cindy 9:30 a.m.   Keenage Singers Practice 10 a.m.   Chess 10 a.m.   Advanced T'ai Chi 12 p.m.   Hand & Foot Cards 12:30 p.m.   Bridge Tom 1 p.m.   Pitch 10 point cards 1 p.m.   Shuffleboard / Photo Group 1 p.m.   Bridge Mary	<b>10 11a.m. New Belgium Brewery Tour</b> 8 a.m.   Billiards & Open Pool 9 a.m.   Knitting 10:15 a.m.   SilverSneakers® / Pats sewing 10:30 a.m.   Learn Truth Reverse Mortgage 11:30 a.m.   Friendly Fork Lunch 12 p.m.   Rocks to Gems 12:15 p.m.   Women's Pool Lessons 12:30 p.m.   Bridge Tom 1 p.m.   Ceramics / Corn Hole 2 p.m.   Boomers / Clay Succulents 2:30 p.m.   Acoustic Instrument Group 5:30 p.m.   Rocks to Gems 6 p.m.   Continuing T'ai Chi 6 p.m.   Woodshop Safety, Introduction	
<b>14</b> Closed	<b>15</b> 8 a.m.   Billiards & Open Pool 9 a.m.   Rocks to Gems / Strong People 10:15 a.m.   SilverSneakers® 11 a.m.   Strong People 11:30 a.m.   Friendly Fork Lunch 1 p.m.   Pinochle 1 p.m.   Crafts/Needlework / Mahjong 1 p.m.   Five Crowns Cards / Dominoes 1 p.m.   Table Tennis 1:30 p.m.   GRASP Social and Discussion	<b>16</b> 8 a.m.   Billiards & Open Pool 9 a.m.   Strong People 9:30 a.m.   Keenage Singers Practice 10 a.m.   Chess 10 a.m.   Advanced T'ai Chi 10:30 a.m.   Cooking Matters 12 p.m.   Hand & Foot Cards 12:30 p.m.   Bridge Tom 1 p.m.   Pitch 10 point cards 1 p.m.   Shuffleboard 1 p.m.   Clean Your House Clear Your Mind 3 p.m.   Strong People <b>6 p.m.   Eagles Game</b>	<b>17</b> 8 a.m.   Billiards & Open Pool 9 a.m.   Knitting 9 a.m.   Strong People 10 a.m.   Pat's Sewing 10:15 a.m.   SilverSneakers® 11:30 a.m.   Friendly Fork Lunch 12 p.m.   Rocks to Gems 12:15 p.m.   Women's Pool Lessons 12:30 p.m.   Bridge Tom 1 p.m.   Ceramics / Corn Hole / Chair Yoga 2 p.m.   Boomers Be Booming 2 p.m.   Diet Versus Lifestyle - Aspen Club 5:30 p.m.   Rocks to Gems 6 p.m.   Continuing T'ai Chi	
<b>21</b> Closed <b>11 a.m. Rockies Game</b>	<b>22</b> 8 a.m.   Billiards & Open Pool 9 a.m.   Strong People 9 a.m.   Rocks to Gems 10:15 a.m.   SilverSneakers® 10:30 a.m.   Memory Maintenance -Aspen Club 11 a.m.   Strong People 11:30 a.m.   Friendly Fork Lunch 1 p.m.   Pinochle 1 p.m.   Bridge Gloria 1 p.m.   Crafts/Needlework / Mahjong 1 p.m.   Five Crowns Cards / Dominoes 1 p.m.   Table Tennis 1:30 p.m.   GRASP Presentations	<b>23</b> 8 a.m.   Billiards & Open Pool 9 a.m.   Advisory Committee 9 a.m.   Strong People 9:30 a.m.   Keenage Singers Practice 10 a.m.   Chess 10 a.m.   Advanced T'ai Chi 10:30 a.m.   Cooking Matters 12 p.m.   Hand & Foot Cards 12:30 p.m.   Bridge Tom 1 p.m.   Pitch 10 point cards 1 p.m.   Shuffleboard 1 p.m.   Bridge Mary 3 p.m.   Strong People	<b>24</b> 8 a.m.   Billiards & Open Pool 9 a.m.   Knitting / Footcare Cindy 9 a.m.   Strong People 10 a.m.   Pat's Sewing 10:15 a.m.   SilverSneakers® 11:30 a.m.   Friendly Fork Lunch 12:15 p.m.   Women's Pool Lessons 12 p.m.   Rocks to Gems 12:30 p.m.   Bridge Tom 1 p.m.   Ceramics / Corn Hole / Yoga 2 p.m.   Handbuilding Clay Succulents 2 p.m.   Boomers Be Booming 2:30 p.m.   Acoustic Instrument Group <b>5 p.m.   Gabbie Gourmet: Old Spaghetti</b> 5:30 p.m.   Rocks to Gems 6 p.m.   Continuing T'ai Chi	
<b>28</b> Closed	<b>29</b> 8 a.m.   Billiards & Open Pool 9 a.m.   Strong People 9 a.m.   Rocks to Gems 10:15 a.m.   SilverSneakers® 10:30 a.m.   Memory Maintenance – Aspen Cl 11 a.m.   Strong People 11:30 a.m.   Friendly Fork Lunch 1 p.m.   Five Crowns Cards / Dominoes 1 p.m.   Mahjong / Table Tennis 1:30 p.m.   GRASP Social & Discussion 1 p.m.   Crafts / Needlework 1 p.m.   Pinochle	<b>30</b> 8 a.m.   Billiards & Pool 9 a.m.   Strong People 9:30 a.m.   Keenage Singers Practice 10 a.m.   Chess 10:30 a.m.   Cooking Matters 12 p.m.   Hand & Foot Cards 12:30 p.m.   Bridge Tom 1 p.m.   Pitch cards / Shuffleboard 2 p.m.   Cinema Tuesday: Love and Monsters 3 p.m.   Strong People		

# Calendar of Events

	Thursday	Friday	Saturday
	<b>4</b> 8 a.m.   Billiards & Open Pool 9 a.m.   Cross Stitch & Embroidery 10 a.m.   Beginning T'ai Chi <b>10 a.m.   Denver Auto Show</b> 11 a.m.   Table Tennis 11 a.m.   Medicare Counseling with David 12 p.m.   Bingo 1 p.m.   Mexican Train 1 p.m.   Mahjong 1 p.m.   Writing Your Life - Last Class 6 p.m.   Rock & Mineral Society Meeting	<b>5</b> 8 a.m.   Billiards & Open Pool 10 a.m.   Volleyball GRC * 10:15 a.m.   SilverSneakers® 11:30 a.m.   AAC Lunch 12 p.m.   Hand & Foot Cards 12 p.m.   Footcare Jude 1 p.m.   Bunco 1 p.m.   Shuffleboard 1 p.m.   Scrabble 2 p.m.   Hand Building Clay Leaf Bowl 3:15 p.m.   Cribbage	<b>6</b>  12 p.m.   Hand & Foot cards  12 p.m.   Bunco
	<b>11</b> 8 a.m.   Billiards & Open Pool 9 a.m.   Cross Stitch & Embroidery 10 a.m.   Beginning T'ai Chi 10 a.m.   Book Group 10 a.m.   Meal Planning with Confidence - Aspen Club 11 a.m.   Table Tennis 11 a.m.   Medicare Counseling with David 12 p.m.   Bingo 1 p.m.   Mexican Train 1 p.m.   Mahjong	<b>12</b> 8 a.m.   Billiards & Open Pool <b>9 a.m.   Strike it Rich! Bally's Casino</b> 10 a.m.   Volleyball GRC * <b>10 a.m.   International Pancake Brunch</b> 10:15 a.m.   SilverSneakers® 12 p.m.   Hand & Foot Cards 1 p.m.   Bunco 1 p.m.   Shuffleboard 1 p.m.   Scrabble 1 p.m.   Bridge Gloria 2 p.m.   Beginner Watercolor Class 3:15 p.m.   Cribbage	<b>13</b>  12 p.m.   Hand & Foot cards  12 p.m.   Bunco  1 p.m.   Computer User Group  6:30 p.m.   Square Dance
	<b>18</b> 8 a.m.   Billiards & Open Pool 9 a.m.   Cross Stitch & Embroidery 9 a.m.   Strong People 9 a.m.   Woodshop Annual Review 10 a.m.   Beginning T'ai Chi 11 a.m.   Table Tennis 11 a.m.   Strong People 11 a.m.   Medicare Counseling with David 12 p.m.   Bingo 1 p.m.   Mexican Train 1 p.m.   Mahjong 3 p.m.   Strong People	<b>19</b> 8 a.m.   Billiards & Open Pool 9 a.m.   Strong People 10 a.m.   Volleyball GRC * 10 a.m.   Woodshop Safety Class Introduction 10:15 a.m.   SilverSneakers 11:30 a.m.   AAC Lunch 11:30 a.m.   Newsletter Taping 12 p.m.   Hand & Foot Cards 1 p.m.   Bunco 1 p.m.   Shuffleboard 1 p.m.   Scrabble 2 p.m.   Hand Building Clay Leaf Bowl part 2 3:15 p.m.   Cribbage	<b>20</b>  12 p.m.   Hand & Foot cards  12 p.m.   Bunco
	<b>25</b> 8 a.m.   Billiards & Open Pool 9 a.m.   Strong People 9 a.m.   Cross Stitch & Embroidery 10 a.m.   Beginning T'ai Chi 11 a.m.   Table Tennis 11 a.m.   Strong People 11 a.m.   Medicare Counseling with David 12 p.m.   Bingo 1 p.m.   Mexican Train 1 p.m.   Mahjong 3 p.m.   Strong People	<b>26</b> 8 a.m.   Billiards & Open Pool 9 a.m.   Strong People 10 a.m.   Volleyball GRC* 10:15 a.m.   SilverSneakers® <b>11:30 a.m.   Volunteer Appreciation Lunch</b> 12 p.m.   Hand & Foot Cards 1 p.m.   Bunco / Bridge Gloria 1 p.m.   Shuffleboard 1 p.m.   Scrabble 3:15 p.m.   Cribbage	<b>27</b>  12 p.m.   Hand & Foot cards  12 p.m.   Bunco  6:30 p.m.   Square Dance
			*Greeley Recreation Center 651 10th Ave

**Hand Building Clay Leaf Bowl****Friday | April 5 & 19 | 2 p.m.**

Beginner clay class. Hand building your own stoneware bowl. You can choose a glaze or return for pt 2 (optional) & glaze pottery that has been bisque fired. Deadline April 2, min 2, max 10

**Fee: \$20 (must be member)****Hand Building Clay Succulents****Wednesday | April 10 & 24 | 2 p.m.**

Hand building with clay a floral arrangement that will last forever! Step by Step instructor led class. Second class we will glaze the pottery you made on April 10. Deadline April 5, min 2, max 10

**Fee: \$15 members, \$20 non-members****Beginner Watercolor - Desert Cactus****Friday | April 12 | 2 p.m.**

Beginner friendly watercolor class - no experience needed. 8x10 watercolor. All supplies provided. Instructor led class. Deadline April 9, min 2, max 10

**Fee: \$15 members, \$20 non-members****Learn Truth Reverse Mortgage****Wednesday | April 10 | 10:30 -11:30 a.m.**

Are you close to the age of 62 and do you own your own home? You may be eligible to pay off your current mortgage debt without a monthly mortgage payment, have an additional source of income in retirement, or purchase your dream retirement home. Find out all of the variations and options available with a Reverse Mortgage. Class is free but call 970-350-9440 to register.

**Fee: \$15 members, \$20 non-members****Writing Your Life****Thursday | Feb 1- April 4 | 1 -2:30 p.m.****Rocks To Gems****Monday | March 18 - May 20 | 9 a.m.****Wed | March 20 - May 22 | 12 - 3 p.m. or 5:30 - 8:30 p.m.**

Join this gem of a class and learn beginning lapidary. Prepare stones for mounting, turn them into jewelry and so much more! (first stone to polish is provided) \$10 lab fee payable the first day of class, cash only.

**Fee : \$30 members, non-members \$35****AARP Safe Driving Class****Thursday | May 16 | 12 p.m.**

In-person class! Excellent opportunity to refresh your driving skills and knowledge. Potential for auto insurance reduction. Updated materials and videos. Taught by a trained volunteer instructor. min 8, max 20

**Fee: \$20 AARP member, \$25 non-member. (Payable to the instructor)****Beginning T'ai Chi****Thursday | January 18 - April 25 | 10 - 11 a.m.****Continuing T'ai Chi****Wednesday | Jan 17 - April 24 | 6:00 - 7:00 p.m.****Advanced T'ai Chi****Tuesday | Jan 16 - Apr 23 | 10 - 11 a.m.****Boomers Be Booming****Wednesdays | April 3 - 24 | 2 - 3 p.m.**

Baby Boomers (and those older), are you feeling uninspired, down, even depressed? Come and see how writing can help with these problems. Get your mojo back. Please call the AAC to reserve your seat at 970-350-9440. Instructor: David Yoho

**Fee: free****Memory Maintenance - Aspen Club****Monday | April 22 & 29 | 10 a.m. - 12 p.m.**

This fun, two-session class focuses on teaching evidence-based memory-enhancing techniques and practical strategies to boost memory function. Class held at the AAC. Please call Aspen club 970-495-8565 to reserve your seat.

**Meal Planning with Confidence - Aspen Club****Thursday | April 11 | 10 - 11 a.m.**

Learn to plan meals to save time and money and benefit your health! Includes meal planning template, recipe guides, grocery shopping template and other practical handouts. Class held at the AAC. Please call Aspen Club 970-495-8565 to reserve your seat.

**Diet Versus Lifestyle - Aspen Club****Wednesday | April 17 | 2-3 p.m.**

Learn the science behind the latest diet fads and how diet and lifestyle can impact your health. Learn and evaluate the best choice for your health. Taught by Deanna O'Connell, UCHHealth Registered Dietitian. Call Aspen Club to reserve your seat 970-495-8565.



## Friendly Fork Meals

Mon, April 1	Chicken Salad Sandwich		Mon, April 29	Krautburger
Wed, April 3	Turkey Scaloppine over whole wheat pasta			
Mon, April 8	Baked Tilapia			
Wed, April 10	Hamburger		<b>Friday Lunch Menu</b>	AAC Staff Cooks Call 970-350-9440 by the prior Thur. by 11am
Mon, April 15	Pork Carnitas Tacos		Fri, April 5	Fried Chicken
Wed, April 17	Grilled Chicken Thigh		Fri, April 12	No Lunch (Pancake Lunch)
Mon, April 22	Beef Bell Pepper Stir Fry		Fri, April 19	Spaghetti & Meatballs
Wed, April 24	Chicken Fried Steak		Fri, April 26	No Lunch (Volunteer Lunch)
	meals subject to change			

To make your reservation call the Active Adult Center 970-350-9440 by 11 a.m. the business day prior.

Volume 9, Issue 4

PAGE 9

### Looking to save on your Medicare plan?

Devoted Health's Medicare Advantage plans start at just **\$0 a month.**

Want to learn more?  
Call Robert Gandelman,  
At Greeley Active Adults Center

**970-737-0924**



Enrollment may be limited to specific times of the year unless you meet certain criteria, such as qualifying for a Special Election Period. Devoted Health is an HMO and PPO plan with a Medicare contract. Our D-SNPs also have contracts with State Medicaid programs. Enrollment in our plans depends on contract renewal. Devoted Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-338-6833 (TTY 711). Y0142\_23S97\_M



Contact us today for a free consultation.

**(970) 889-0663**

**bluemoonestatesales.com**

Need help  
downsizing?  
Blue Moon  
can help!



Northern Colorado's Custom Exterior Company  
Roofing, Siding, Gutters, and Quality Leaf Guards by Alcoa.  
We're NOCO's full-service exterior remodeling contractor.

**3220 47TH AVE • GREELEY, CO 80634**  
**970-313-3351 www.SANCHEZBROSINC.COM**

### Place Your Ad Here and Support our Community!

Instantly create and purchase an ad with

**AD CREATOR STUDIO**



**lpicomunities.com/adcreator**



For ad info. call 1-800-950-9952 • [www.lpi seniors.com](http://www.lpi seniors.com)

Greeley Senior Center, Greeley, CO

C 4C 05-0695

## Day Trips

### Denver Auto Show

Thursday | April 4 | 10 a.m.

Expect to see a variety of new cars from various automakers and possibly test drive one or two. With sneak peeks of concept cars of the future and tricked-out vehicles of all kinds, the Denver Auto Show is packed full of everything fresh and upcoming in the auto industry today. Lunch will be at each participant's own expense. Deadline March 21, min 11 max 14

Fee: \$35 members, \$40 non-members

### New Belgium Brewery Tour

Wednesday | April 10 | 11 a.m.

New Belgium is Colorado's largest micro-brewery and home to the famed Fat Tire beer. It opened in 1991 and quickly grew a following. Enjoy live story-telling, beer tastings, art-gazing, and more fun around the brewery in this 90-minute walking tour. Lunch will be at each participant's own expense. Deadline March 27, min 11 max 14

Fee: \$35 members, \$40 non-members

### Strike it Rich! Bally's Casino

Friday | April 12 | 9 a.m.

Kick back on this charter bus trip to Bally's Casino in Blackhawk. Registration includes \$10 in free slot play and an opportunity to earn \$15 in food credits if you rack up 50 points in casino play. Lunch will be at the casino at participant's own expense. Deadline March 29, min. 28, max 50

Fee: \$30 members, \$35 non-members

### Eagles Game

Tuesday | April 16 | 6 p.m.

Who's ready for some hockey? Your Colorado Eagles are back and ready for action as they take on the San Diego Gulls in this mid-season match up. Dinner will be at each participant's own expense; we will be eating at the game. Deadline April 2, min 10, max 14

Fee: \$40 members, \$45 non-members

### Colorado Rockies Game

Sunday | April 21 | 11 a.m.

Take me out to the ballgame, take me out to

the crowd! Come join us as your Colorado Rockies take on the Seattle Mariners in this weekend matchup. Food will be at each participant's own expense; we will be eating at the game. Deadline April 7, min 12 max 14

Fee: \$30 members, \$35 non-members

### Gabbie Gourmet: Old Spaghetti Factory

Wednesday | April 24 | 5 p.m.

Dining at The Old Spaghetti Factory is an experience. For decades they have invested meticulous attention to their unique décor and classical designs to go along with their world class pasta. From spaghetti to ravioli, you're bound to find your favorite here! Dinner will be at each participant's own expense. Deadline April 10, min 11 max 14

Fee: \$20 members, \$25 non-members

## Programs

### Armchair Travel: Scotland

Tuesday | April 2 | 2 p.m.

Scotland! A land with a turbulent past and breathtaking scenery. From rugged woodlands to vast moorlands, stunning lochs and crumbling castles. Join us on this simulated trip to Scotland! A small sampling of Scottish cuisine will be provided. Deadline April 1, min 5 max open

Fee: \$10 members, \$15 non-members

### Cinema Tuesday: Love and Monsters

Tuesday | April 30 | 2 p.m.

Seven years after he survived the monster apocalypse, lovable hapless Joel leaves his cozy underground bunker behind on a quest to reunite with his high school sweetheart. Free popcorn will be provided for everyone who attends!

Fee: Free

### Pat's Sewing Circle

Wednesdays | April 3 - 24 | 10 - 2 p.m.

Join us in making a difference for veterans, hospitals, and the homeless. Sewing with purpose, stitching with heart. The group will take a break around 11:30 for Lunch.

Fee: Free

### Keenage Singers

Tuesday practices 9:30 - 11 a.m. Call Tracey at 970-352-9148 for more information on how to become a choir member.

**Newsletter Taping** | Friday | April 19 | 11:30 a.m.

**Bingo** | Thursdays | 12 p.m.  
25¢ suggested donation per card.

**Book Group** | Thursday | April 11 | 10 a.m.  
April Book "1491 New Revelations of the America Before Columbus" by Charles C. Mann

**Bridge** | Call Sheri for info at 970-350-9440.

**Bunco** (dice) | Friday | 1 p.m., Saturday | 12 p.m.

**Crafts & Needlework** | Mondays | 1 p.m.  
Join us to make blankets, hats, and scarves for veterans and at-risk children and adults. Yarn, patterns, and supplies are provided.

**Cribbage** | Fridays | 3:15 p.m.

**Dominoes** | Mondays | 1 p.m.

**Cross Stitch & Embroidery Group** | Thurs | 9 a.m.

**Five Crowns** (cards) | Mondays | 1 p.m.

**Hand & Foot** (cards) | Tue, Fri & Sat | 12 p.m.

**Knitting Group** | Wednesdays | 9 a.m.

**Mahjong** (tiles) | Mon, Thurs | 1 p.m.

**Mexican Train** (Dominoes) | Thursdays | 1 p.m.

**Photography Group** | Tuesday | April 9 | 1 p.m.

**Pinochle** (cards) | Mondays | 1 p.m.

**Pitch** (cards) | Tuesdays | 1 p.m.

**Senior Car Lovers** | Wed | April 3 | 9 a.m.  
Join us to discuss cars and a variety of other topics. New members welcome.

**Scrabble** | Fridays | 1 p.m.

**Computer Lab Help**

Call 970-350-9440 to set up your free appointment with Cindy. Appointments available Monday - Friday, 8 - 3 p.m.

**Merry Mixers Square Dance**

Volume 9, Issue 4

PAGE 11

## LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

**CONTACT ME**  
**Anita Aguilar**

[aaguilar@lpicommunities.com](mailto:aaguilar@lpicommunities.com)

(800) 950-9952 x2677

## TOGETHER *is a great place to be*



### SCHEDULE A TOUR

Living your best life, surrounded by a caring team, engaging activities, new friendships and meaningful connections, in your new home with all the supportive services and amenities that make life better. That's our version of senior living.

**Call Today:**

**970-373-2373**



**THE LODGE**  
AT GREELEY

SENIOR LIVING  
WellAge Managed Community

4430 24th Street Road  
Greeley, CO 80634  
[TheLodgeatGreeley.com](http://TheLodgeatGreeley.com)

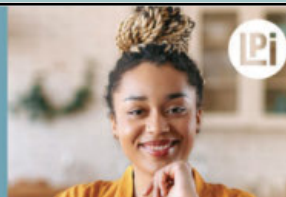
Independent Living | Assisted Living | Memory Care

## WE'RE HIRING!

AD SALES EXECUTIVES

BE YOURSELF.  
BRING YOUR PASSION.  
WORK WITH PURPOSE.

- Paid training • Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community



Contact us at  
[careers@4lpi.com](mailto:careers@4lpi.com) or  
[www.4lpi.com/careers](http://www.4lpi.com/careers)



For ad info. call 1-800-950-9952 • [www.lpicommunities.com](http://www.lpicommunities.com)

Greely Senior Center, Greeley, CO

D 4C 05-0695



Saturday | April 13 & 27 | 6:30-8:30 p.m.  
 Fee \$10 per person at the door

**Rock and Mineral Society Meeting**  
 Thursday | April 4 | 6 - 8 p.m.

# Wellness

**Footcare**  
 RN's Cindy Brown April 9 & 24 9 – 1 p.m. and  
 Jude Maloney April 2 & 5 12 - 4 p.m. will take care  
 of your feet. Make your appointments by calling  
 970-350-9440  
 Fee for service paid upon arrival to provider.

**Medicare Counseling**  
 Medicare questions answered by Judy Foote. Call  
 970-350-9440 to schedule a **free** appointment.  
 David Sappington, AAC Thurs. 11-12:45pm

# Sports

**Softball Games**  
 Monday | April 22 | 9 a.m. at Island Grove Field 5  
 Wednesdays | May 1 | 9 a.m. at Twin Rivers  
 Come cheer on the Greeley Team 50 + softball.

Contact Sheri at 970-350-9437 with  
 questions.

**Shuffleboard**  
 Tuesdays and Fridays | 1 - 3 p.m.  
 Drop-in play. All are welcome.

**50+ Volleyball**  
 Fridays | Jan 5 – April 26 | 10 a.m.–1 p.m.  
 Fee: \$35 members, \$40 non-members,  
 Free 50+ RC member & Silver Sneakers®  
 members

**Corn Hole**  
 Wednesdays | 1 - 3 p.m.  
 Drop-in play. All are welcome.

**Pool Club**  
 Fee: \$12 for 6 months, \$24 for 12 months

**Table Tennis**  
 Monday - Friday | 8 a.m. – 5 p.m.  
 Organized play on Mondays at 1 p.m. and  
 Thursdays at 11 a.m.